



Prepayment of meals is welcomed and encouraged. Cash or checks are accepted in the cafeteria, the amount tendered will be applied to your child's meal account.

**PAY YOUR BILL ONLINE!**  
Online payment options for student meal accounts are available at:  
<https://lincconnect.com/>

The District Wellness Policy is available for viewing at:  
[www.evergreenusd.org](http://www.evergreenusd.org)

Applications for free and reduced meals can be completed at any time during the school year. ALL students who qualify for free or reduced meal prices will receive meals at NO COST.

Menu subject to change.

More specific nutritional information is available upon request.

Please call:  
(530) 347-3411 ext. 7533  
with any questions regarding food service related issues.



## Evergreen Union School District October 2023 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
<b>Breakfast</b> Hot or Cold Cereal English Muffin	<b>Breakfast</b> Yogurt Graham Crackers	<b>Breakfast</b> Mini Cinnamon Bagel w/ Cream Cheese	<b>Breakfast</b> Scrambled Eggs Wheat Toast	<b>Breakfast</b> Breakfast Burrito
<b>Lunch</b> Teriyaki Chicken Steamed Rice Steamed Carrots	<b>Lunch</b> Beef Taco w/Tomatoes Refried Beans Spanish Rice	<b>Lunch</b> Hot Ham & Cheese Croissant Green Salad	<b>Lunch</b> Twisty Chicken Alfredo Steamed Broccoli Garlic Bread	<b>Lunch</b> Pepperoni Pizza Romaine Salad w/ Tomatoes & Kidney Beans
9	10	11	12	13
<b>Breakfast</b> Breakfast Donut String Cheese	<b>Breakfast</b> Sausage and Cheese Biscuit	<b>Breakfast</b> Breakfast Burrito	<b>Breakfast</b> Pumpkin Spice Muffin	<b>Breakfast</b> Apple Nachos with Granola
<b>Lunch</b> Fresh Beef & Cheese Quesadilla Fiesta Corn	<b>Lunch</b> Oriental Beef Bowl Steamed Broccoli	<b>Lunch</b> Chili Cheese Fries Baby Carrots	<b>Lunch</b> Homemade Chicken Garlic Pizza Green Salad	<b>Lunch</b> Hot Dog Tater Tots Baked Beans
16	17	18	19	20
<b>Breakfast</b> Pancakes & Sausage	<b>Breakfast</b> Bagel W/ Cream Cheese	<b>Breakfast</b> Waffles Sausage	<b>Breakfast</b> Yogurt & Granola	<b>Breakfast</b> Cinnamon Roll
<b>Lunch</b> Mini Corn Dogs Baked Beans French Fries	<b>Lunch</b> Super Nacho Beans & Cheese Steamed Corn	<b>Lunch</b> Mac & Cheese Green Beans Dinner Roll	<b>Lunch</b> Chicken Tenders Green Salad	<b>Lunch</b> Cheese Burger w/ Lettuce & Tomato Fries
23	24	25	26	27
<b>Breakfast</b> Mini Pancakes	<b>Breakfast</b> Glazed French Toast	<b>Breakfast</b> Sausage & Cheese on an English Muffin	<b>Breakfast</b> Eggstravaganza Wheat Toast	<b>Breakfast</b> Spooky Parfait Graham Crackers
<b>Lunch</b> Xtreme Bean & Cheese Burrito Steamed Corn	<b>Lunch</b> Deli Sandwich Broccoli Buds w/ Ranch Chips	<b>Lunch</b> Chicken Ramen Bowl Stir Fry Veggies	<b>Lunch</b> Chick'n which Wedgies	<b>Lunch</b> Pepperoni Pizza Green Salad w/ Tomatoes &
30	31	<div>  <div> <b>Fall Festival</b> October 27th at Evergreen Middle School Details coming soon! </div>  </div>		
<b>Breakfast</b> Hot or Cold Cereal English Muffin	<b>Breakfast</b> Boo Berry Muffins			
<b>Lunch</b> Chicken & Cheese Quesadillas w/ Salsa	<b>Lunch</b> Mummy Dogs French Fries Baby Carrots			



**BREAKFAST**  
Free for all students!

**LUNCH**  
Free for all students!

**ADULT MEALS**  
Breakfast: \$3.00  
Lunch: \$ 5.00  
A la Carte Entree: \$ 1.75

**MILK**  
\$ .50

**Bottled Water**  
(available to purchase only with cash or money on account)  
\$1.00

Choice of 1% white or  
nonfat chocolate milk  
is served with each meal.

Fruit Juice is served  
additionally with breakfast.

Fresh Fruit is served  
everyday for both  
Breakfast and Lunch.

Additional vegetables  
are always available with  
every lunch as we are an  
offer vs. serve  
program.

This institution is an equal opportunity  
provider.

